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NEWS RELEASE

GRANT OF STOCK OPTIONS

May 7, 2010

(Houston) EnerGulf Resources Inc. (ENG-TSXV) (“EnerGulf”): EnerGulf has granted stock options to purchase up to 1,025,000 of its common shares to officers, directors and consultants for a period of five years at a price of \$0.42 per share. The Company has also granted stock options to purchase up to 50,000 of its common shares to Progressive IR Consultants Corp. the Company’s investor relations representative for a period of two years at a price of \$0.42 per share. The options are subject to vesting in accordance with the policies of the TSX Venture Exchange and the Company’s 2009 Stock Option Plan.

EnerGulf Resources Inc. is a publicly traded international oil and gas exploration company focused on maximizing shareholder value by targeting high impact opportunities in the world’s most prospective hydrocarbon regions.

On Behalf of the Board of Directors of
EnerGulf Resources Inc.

“Clive Brookes” Director

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

Certain disclosure in this release constitute forward-looking statements that are subject to numerous risks, uncertainties and other factors relating to EnerGulf’s operations as an oil and gas exploration company that may cause future results to differ materially from those expressed or implied by those forward-looking statements and readers are cautioned not to place undue reliance on these statements. EnerGulf disclaims any intentions or obligations to update or revise any forward looking statements whether as a result of new information, future events, or otherwise.

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